THE VILLAGE VOICE

Issue No 1 Volume 21

Lanchester, January 2020

For contact information, see page 2

CHELSEA PENSIONER VISITS LANCHESTER



Ged with Major Arthur Currie, Chelsea Pensioner.

See page 5 for story.

CAROLS ON THE GREEN



The ever present Lanchester Brass Band.



A small crowd scene from the very large number of people who attended. Article on page 2.

ALL SAINTS' STUDENTS ENTERTAIN



The students from All Saints' Catholic School delighted both the residents of Lynwood House and the Musical Memories group with their selection of Christmas melodies.

THE VILLAGE

IT'S ALL ABOUT PEOPLE

LANCHESTER BOYS' BRIGADE **CELEBRATES 90 YEARS**



Jane Nattrass receiving a huge sum for the Henry Dancer Days charity in memory of her son.

A charity auction was held Halls was able to browse Saturday 23rd November to celebrate the 90th anniversary of the formation of the 14th Lanchester Boys' Brigade Company and continued with the annual enrolment service on Sunday 24th November. The packed audience in Croft View

through hundreds of photographs both new and old as well as old badges, uniforms and plaques from Fun Run and BB activities. Refreshments served before the Charity Auction started with Eric Hepplewhite

Matthew Hill acting as auctioneers. The amazing total of around £700 was raised by the auction and together with some sponsored events by the bovs and several donations received, the final total presented to Jane Nattrass from Henry Dancer Days (Henry's



Boys' Brigade memorabilia on show at their 90th anniversary celebrations.

Mam) was £1.032.71. The Company. A booklet was they

boys themselves chose printed with the thoughts the charity and decided of six past captains, some on the auction then past leaders and boys, worked hard to achieve intermingled with many such a wonderful result. photographs. It was a Many old Boys' Brigade marvellous celebration of friends and ex members the first 90 years and we reminisced about the are already looking 'good old days' when forward to celebrating the were in the 100th in November 2029.

How to contact the Village Voice

To advertise, email:

voiceadverts@gmail.com or telephone Lynda on 07851 775297. Please do not use this number for matters relating to content.

General and news enquiries, email:

lanchestervillagevoice @yahoo.co.uk (please include Village Voice in the Subject line).

By post:

The Village Voice, c/o Lanchester Community Centre, Newbiggen Lane, Lanchester, DH70PB.

CAROLS ON **GREEN**

Carols on the Green is a tradition of our village now and every year more and more people gather to take part in it. This year there were 1000 people, either singing, playing an instrument or just simply enjoying the atmosphere and feeling part of our lovely village. The choir and the band stood more centrally under the lights strewn over the trees and this created a perfect Christmas scene. David Hughes led the service after an introduction from Reverend Stuart Earl, and he guided the singing

> View the Village Voice online (including past issues) at www.lanchester villagevoice.co.uk

through a number of wellknown and well-loved carols. He invited all the younger children to sing 'Away in a Manger' with everyone joining in the last verse. It is so good that so many families gather for this occasion and children making a contribution is tremendous. A feeling of love and goodwill seemed to surround the whole company gathered there. It was a first for the Reverend Lesley Sutherland and she gave it a "WOW". She absolutely loved it and brought the evening to a close with a blessing.

Brenda Craddock

Community Draw

The winning number in the Community Draw for last month was 75. The draw was made by Chris Donaghy, Gym member.



Amy Armstrong, Alan Armstrong, Max Armstrong, Kate Armstrong, Tracy Cornfield, Anoy Cornfield and Finley Cornfield on the village green.

KEY STAGE 2 NATIVITY AND CHRISTINGLE

Key stage 2 pupils in the sincerity. Their Nativity EP School always hold their Nativity service in church and combine it with a Christingle Presentation. The Parish Church is always absolutely full, as so many parents, friends and family members enjoy this service so much. This year there was a morning and an afternoon service which meant that everyone be seated comfortably, see the pupils and fully enjoy the service. The programme had a lovely Nativity Scene on the cover designed by Grace Armstrong-Dorman, bearing the words 'Peace on Earth' which drew our attention immediately. Year 6 were leading the service and they did so with such maturity and The

Play took a slightly different form, in that it required more dialogue. The central figures were there but there were other characters too who gave a more modern slant to the Christmas story. Every pupil had put great effort into what they had to say and every word could be heard quite distinctly. This is not easy in such a large church so Year 6 are to be congratulated on the excellent delivery of their words.

singing in which all the was really beautiful. At the close, Year 3 took lighted

with over procession oranges



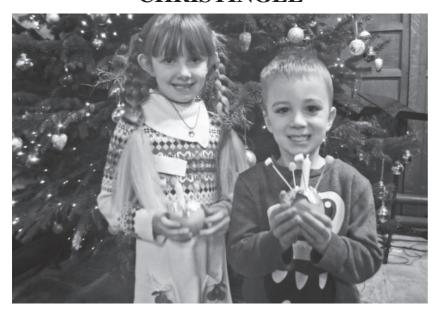
Year 6 Nativity in the Parish Church.

There was some lovely symbolic of the whole Under world being God's supervision Year 3 pupils pupils took part and creation and of the were each given an some solo singing which immense Love he has orange. They carried their for all mankind. The oranges around the their contained within the carefully, responsibly of orange symbolises and reverently. It was Christingle Oranges. Jesus as the Light of very moving to witness. are the World.

candle church very, very Reverend Lesley closed Brenda Craddock

careful the service with some encouraging words of praise for the pupils before pronouncing a blessing for all the congregation. Thank you pupils for such a lovely, meaningful presentation of Christmas.

MESSY CHURCH AND CHRISTINGLE

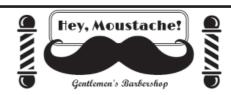


Hollie and Oakley with their Christingles.

from the Bible.

The Messy Church is At the Christmas accompany held on the third Sunday Messy Church on 15th children. of each month in the December, Reverend After church Parish Church. There are Lesley and helpers children return to the craft tables in the made Christingles with Chapter House for a Chapter House before the children, which lovely afternoon tea, moving into church for they loved. All are all freshly prepared by the religious content of welcome but on the ladies in the the afternoon. This whole the children are kitchen. takes the form of singing primary school age. Why not come and join choruses and a story Mums and Dads are us one Sunday? expected

to Brenda Craddock



Barber shop opening 28th January! 31 Front Street, Lanchester Gents cuts * Kids cuts * Concession discounts No appointments needed





Order your appliance parts at :-

www.dars-parts.co.uk

LANCHESTER PARISH COUNCIL

Notes from the Ordinary Meeting held on 10th December 2019

Pilgrimage Routes Co-ordinator Northern Saints Trails attended the meeting and presented information on the 4 new Pilgrimage Routes which have been established in County Durham. The routes will open in Spring/Summer 2020. One of the new routes, 'The Way of Light' will pass through Lanchester on its wav from Heavenfield to Durham, a distance of 45 miles.

Northumbrian Water Ltd - Sewer System - An officer from Northumbrian Water Ltd considered information Friesner provided an

Pilgrimage Routes-Way attended the meeting and received from residents update on behalf of the Footpath-Durham Road It was agreed that an update would provided quarterly.

> Correspondence * Letter of thanks -Choral Society **Donation** - letter received.

> Lanchester Partnership and the **Plastic Free Lanchester Group** - notes from the Annual Review of the Plastic Free Lanchester Group were received. Permission was given to use the Village Green for the 2020 litter pick.

> * Tree Planting in the **Parish** Members

of Light - David Pott, provided an update on regarding planting of group working on the activities in Lanchester. trees in the Parish. It was agreed that the residents are invited to a Parish Council meeting to discuss the further.

> * Generations Together provided - Durham University **Student Volunteering** and Outreach - Members received information on a volunteering scheme with Durham University students aimed addressing loneliness and isolation in elderly people.

Loneliness Project -Welcome to Lanchester Guide - Councillor Councillors may wish to

project. The publication has been printed and distributed in community.

matter Planning Training -Councillors with information on a Planning Training session which two Councillors and the Clerk had attended. The session had been useful and informative. A further training session is being organised by the County Training Partnership in the New Year which other attend.

Councillors were provided with information received from **Durham County Council** in response to a letter sent about the footpath included information on inspection regimes and programmed maintenance.

Maintenance Work -Park House, Village Green and Kitswell Park

- Members received information on a recent site meeting to consider maintenance work. The work included removing foliage, pruning, hedge trimming etc. It was agreed that the work is undertaken.

Notes from the Ordinary Meeting held on 14th January 2020

Tree Planting in the Parish. They explained Parish - A number of their concerns regarding residents attended the climate change and how meeting to discuss ideas tree planting could for tree planting in the contribute to tackling the

problem. They wish to liaise with the Parish Council, County Council and other groups such as the Community Orchard and Lanchester Partnership to identify a

way forward. They wish to identify public land and privately owned land which may be suitable for tree planting.

Police report - received.

Correspondence

* Buckingham Palace Royal Garden Party - It was agreed that Councillor M Gray be nominated for the county draw.

* Durham County Council Pension Fund -Actuarial Review -Members were informed of the results of the by the majority of road

- Members were informed Play Inspection correspondence received. received from the Police Precept 2020/21 - It was and Durham County agreed that the precept Council Highways.

This was in response to concerns speed limit.

detailed assess speed limits. Council. Both the Police and the The next Ordinary limit location and is observed 7.15 pm.

actuarial review which users. They state that will come into effect on this location has been 1st April 2020 for 3 considered several times in recent years.

Speed Limit-Hollinside Kitswell Park - Annual

be set at £65,329.87 for 2020/21. This would raised result in an increase in regarding the current band D council tax of £1.82 a year.

The Police and County Community Energy Council provided a Workshop - It was response agreed that councillors outlining the results of a attend the recently recent traffic survey and advertised community the criteria and national energy workshop and guidelines used to report back to the Parish

County Council are of meeting of the Council the opinion that the will be held on Tuesday is 11th February 2020 at appropriate for the Lynwood House at



achieving the right results for you! Why not instruct the local guy.

LETTING or SELLING

your property. Call for a FREE VALUATION NO SALE NO FEE "You have nothing to lose"

Tel 529900

info@alexander-lettings.co.uk www.alexander-lettings.co.uk

Italiano Ristorante Open 7 days a week - Noon until 10pm Serving weekly Specials Traditional Sunday Lunch 12 noon - 4pm 3 Courses - £14.95 2 Courses - £12.95

> Kids Menu:- 3 Courses - £5.95 Front Street, Lanchester Contact 01207 528825

Free Collection and Delivery in Lanchester area Contact Trish on 07779 458135 IRONING SERVICE

CHELSEA PENSIONER VISITS LANCHESTER

Major Arthur Currie, Chelsea Pensioners through the ranks of the pictured on front page, always travel in uniform. army made a visit to the village Now aged 72, Arthur Regimental Sergeant just prior to Christmas resides at The Royal Major, before being whilst visiting a friend become friendly with Northern Ged from the Hardware Canada, customers for a day. He worked his way forward to his next visit.

Hospital, Chelsea.

who has a property near During his career he Now he has learned the village. He has served in Germany, something about our Store and stayed in or Rhodesia, Middle East come to a Remembrance near the shop greeting and the 1st Gulf War. Service. We look

becoming commissioned as a Major. Ireland, village and has made America, friends, he will try and

WASSAILING IN THE ORCHARD



Community Orchard members singing the Wassailing Song to wake up the trees from their winter sleep.

On the windiest day we which involves feeding Customarily at a wassail have seen for some time, a few hardy souls gathered at Lanchester Community Orchard for the first working day of the year. We completed tasks of pruning apple trees, blackcurrant and redcurrant bushes, and digging over plots in preparation for the new season, whilst being severely lashed by 50mph winds. After half an industrial sized box of matches we managed to get a respectable bonfire going, which under gale force conditions rapidly consumed all six barrow loads of twigs and branches.

By 11.00 am we were joined by several more members and guests for our yearly Wassail, an age old ceremony to wake up the fruit trees from dancing accompanied their winter slumber again by our music men.

the trees with scraps of bread soaked in cider, tapping the trunks and making as much noise as is possible with drums, whistles, bells, pans and wooden spoons, in fact anything that would wake up nature. We were led in the singing of traditional wassailing songs (including our very own Lanchester Wassailing song) by several talented musicians playing guitars, mandolin and concertina; all this being interspersed traditional poems and a rousing version of 'Here we go round the mulberry bush'. Yes, we have one growing in the orchard! A visiting lady from Langley Park then entertained us with some very impressive clog

the master of ceremonies is a Green Man, but in this era of equal opportunities we had a Green Person. This is only the first of our gatherings. Coming up in the near future is Earth Hour and Family Day. Come and exercise in the open air and share in the harvest. Our subscription is cheaper than the gym. If you wish to join us or simply find out more about the orchard, details can be found on www.lanchester orchard.org or by emailing lanchesterorchard@ outlook.com.

DENESIDE TAXIS

(Kevin)

Local friendly service

Competitive rates

Tel: LANCHESTER 528882

ALISON'S 60th BIRTHDAY

Alison celebrated her 60th when she was born at birthday with a lovely party in the Social Club on Friday December 6th. There was a disco which provided excellent music for dancing and an excellent buffet was served. Mark, Alison's fiancé, had worked hard to make sure Alison had a special 60th birthday party and all the family members and friends of Alison and Mark who were invited to the party had a wonderful time.

Alison's birthday is on Christmas Eve and it was

Fawcett snowing very heavily Hollinside in 1959. She was given lots of presents at the party, but she kept them to open on her actual birthday. We hope you had a very happy birthday Alison and 'Many Happy Returns'.

> There was a raffle which raised £135 for the Heart Foundation and Alison and Mark wish not only to thank people for their contribution to the raffle but also for coming to their party. It certainly was a very enjoyable evening. Brenda Craddock



Alison and Mark enjoying the party.

Dave Donnelly



Hallgarth Building nk Hallgarth Terrace

All Motor Vehicle Repairs

Clutches, Tyres, Batteries etc **MOT Testing**



ALL TYPES OF PLASTERING AND BRICKWORK

Re-Skims, Ceilings, Concreting, Pointing ... etc Over 20 Years' Experience. All Work Guaranteed

Free Estimates. No Job Too Small QUALITY WORK AT AFFORDABLE PRICES

Telephone: (01207) 284881 Mobile: 07813 339467

anchester Bridal



Complete wedding service under one roof. Bridal and bridesmaids gowns, bespoke wedding tiaras and jewellery.

The Old Bank Front Street Lanchester DH7 OLA TEL: 01207 437241

'WELCOMING LANCHESTER' LONELINESS PROJECT

The formal launch of the Team using the email, Welcoming Lanchester Guide addressing issues loneliness around recently took place at Lanchester Community Centre. It was distributed throughout the community just before Christmas. This event saw other interested parties and key stakeholders representing organisations from across the county come together to learn more about the project and to consider how they might use the Guide in the future.

The latest website where the Guide has been added Durham Insight (Loneliness and Social Isolation section) under Community Initiatives, https://bit.ly/2N1QqMm. Project activity will now focus on promoting the Guide and its use. Enquiries about the Loneliness Project can be Lanchester directed to the Project Centre or your own GP.

welcominglanchester20@ gmail.com

Feedback has been very encouraging so far as well as anecdotal evidence that conversations are now starting to take place about loneliness more openly and more regularly within our community. A key emphasis throughout this year will be to encourage everybody to engage and get involved by starting and keeping up those conversations. It's never too late to start a conversation; don't delay, start yours today $and\,make\,it\,a\,commitment$ each and every day. Together, we can all make areal difference within our community. Starting conversations starts with you.

If you have particular concerns about loneliness, then visit the Medical



Back row left to right: Derek Snaith (Mid Durham AAP), David Friesner (Lanchester Parish Councillor, Loneliness Project Working Group Team Member and Lanchester resident); front row left to right: Peter Appleton (Mid Durham AAP Older People's Task Group), Amanda Healy, Director of Public Health, Durham County Council, Marian Morrison (Loneliness Project Working Group Team Member and Lanchester resident) and Ossie Johnson (Councillor, Lanchester Division, Durham County Council and Lanchester resident).



COMMUNITY CENTRE NEWS

Healthy 2020 to you all from Staff and volunteers of your Community Centre.

This is always a time for making resolutions about improving our health and fitness; expanding our interests; learning something new and meeting new friends. Your Community Centre is the ideal place for you to do this. There are activities and events to choose from for all ages, abilities and interests and all in the heart of our lovely village. Why not start with Fell-Theatre's production of 'Crusoe's Island' which will be performed here on Saturday 22nd February, it is one man's story of shipwreck, solitude and salvation. Tickets are £10 and are available from the Community Centre and Lanchester News. Refreshments will be available.

health and fitness, happy to see you.

A very Happy and however, the equipment is now starting to fail and replacement equipment is very expensive. With your support we are aiming to refurbish the gym this year. How about doing your bit by becoming a Friend of the Community Centre, it's only £2 a month/£24 for the year; pick up a 'loose change' box and fill it for us; arrange a sponsored event or simply make a donation! Any help you can give with this will be gratefully received.

There is always a lot happening and so many ways you can keep up to date with what's going on, such as checking our Information Point: follow Facebook on 'Lanchester Community Centre'; Instagram #lanchester_community_ centre; check out the website - lanchester community.wix.com/ lanchester. Why not come along and have a Healthy new you? We look around and see the have a great gym which is great facilities we have to a vital resource for your offer. We are always



BRIDGE SCHOOL CHRISTMAS FAIR



The photo shows the cheque presentation from Helen Atkins, assistant head teacher at the Bridge School in Lanchester. The school raised over £904 which was donated to Willow Burn Hospice and collected by Paul Jackson. For such a small special school this was truly outstanding. A big thank you to all the students, staff and supporters.

ADVENT FUNDRAISING AT ST BEDE'S



Some of the St Bede's students with the charity representatives.

The prophet John the challenge with a cup of **Baptist** fired him.

the Christmas cheer with imagination of the people, representatives from they came from all over to some of the charities we hear him. There was a stir support - St Cuthbert's going on, a sense of Care, SVP and Macmillan. something important. An A representative group of urgent message about the students were invited to Kingdom of God. "What meet with our charity must we do?" they asked representatives as they handed over cheques His answers give us a from our fundraising glimpse of the message of campaign as well as Jesus: "Share what you handing over 100 plus have with the needy, tote bags containing always be honest and luxury Christmas food, treat others with Love." store cupboard essentials The students lived out and Christmas gifts; these words during the kindly donated by our Season of Advent and ever generous students completed their Advent and families. The tote

bags were distributed to vulnerable families in our own locality via the Parish SVP Conferences.

The students were also joined by Liv-Ellen Kennedy, current president of the Rotary Club who presented the students with a Rotary Award for Outstanding Commitment **Fundraising** and Charitable Works. fantastic way complete our Advent journey and to be fully prepared for the blessings the Christmas Season. The generosity of families is humbling and we can't thank them enough for the impact they have on the lives of the most vulnerable members of our school and wider community.

Kirstie Hutchinson School Chaplain - St Bede's

RG TAXIS

Covering Lanchester and surrounding areas. Pre-booked 24 hour airport services



Contact Rob on 07402881374

ASHFIELD VETERINARY SURGERY

1 DURHAM ROAD LANCHESTER Telephone: LANCHESTER (01207) 520308

SURGERY HOURS

9.00 - 10.00 a.m. 2.00 - 4.00 p.m. 5.00 - 6.30 p.m. Monday

Friday 9.00 - 10.00 a.m. Saturday

All by appointment

24 HOUR EMERGENCY SERVICE LANCHESTER (01207) 520308



travel counsellors



Karen Topping For all your travel needs

Your Lanchester based personal travel agent available 24/7. So ring Karen anytime to discuss your next holiday experience.

01207 668440 / 07881558492 karen.topping@travelcounsellors.com





Let Beautilley come to you and enjoy a salon/spa experience in the comfort of your own home

Call Ann on: 07534775077

Email: beautilley@hotmail.com Facebook: www.facebook.com/beautilleymobile beautyandsportsmassage



HOUSEHOLD MAINTENANCE/ REPAIRS

> FLAT-PACK ASSEMBLY > TILING, PAINTING & DECORATING

> BLIND/ CURTAIN POLE INSTALLATION

SARDEN MAINTENANCE

FROM HANGING A PICTURE TO TILING A WALL, FOR THE STEELTOWN HANDYMAN, NO JOB'S TOO BIG OR SMALL" TRUSTWORTHY - RELIABLE - COMPETITIVELY PRICED

The Village Voice Page 7



Est 1987

Plumbing, Heating and Building Services Specialists in Bathroom Refurbishment Tiling, Shower panels, Pvc Ceilings and all related Building work **Free Estimates**

Tel/Fax: 01207 284230 Mob: 07836742359 Email pk.plumbing@live.com

LYNWOOD HOUSE IN DECEMBER

House had much entertainment to look forward to in December. Firstly, Christmas carols and a buffet supper on December 3rd; thank you to the singers from the Methodist Church in Lanchester.

The following week we were entertained with carols by the children from All Saints' RC Primary School, all dressed in their Christmas outfits (see photo on front page). This visit was organised by Linda. It was so good to see some

The residents of Lynwood of the children who have and invited guests whose visited Lynwood during the last few years; we wish them well in their new school next year.

> The next day was the little band of helpers buffet lunch to celebrate 5 years since the new Lynwood House opened. This event was celebrated by the 3 monthly bumper February and the next raffle which raised £260 which was donated to the at Easter time. Alzheimer's Society. Thank you to all who that in the future the contributed.

December 18th was the date of the Christmas Lunch which I'm sure was enjoyed by both residents

is support much appreciated. Also very much appreciated are the efforts of Linda and her without whom all these events wouldn't happen. Our next lunch will be on Wednesday raffle for charity with be

Residents - please note monthly lunch will be on the 3rd Wednesday of each month. Thank you to all.

Sylvia Bennett



Sylvia Bennett, one of the first residents, cutting the cake to celebrate 5 years since Lynwood House opened.

MUSICAL MEMORIES OF CHRISTMAS PAST

Our Musical Memories the classic songs from the group meeting December was a special festive event with decorations, Christmas cake, and of course music to reflect this special time of the year. We were challenged with a quiz based on Christmas films and remembered some of

past. We were also lucky that pupils from All Saints' Catholic School shared their repertoire of festive carols and songs to the great enjoyment of everyone and we sang and danced to some of the traditional tunes we all remembered.

PLUMBER / HANDYMAN

(Lanchester)

Domestic Plumbing Issues General Handyman

Fully qualified plumber (not gas registered) No Job Too Small / No Call Out Charge Call Steve for an enquiry or advice on:-

01207528570 or 07725953967

Hanley & Sons

Purveyors of fine quality meats and home cooked food

Family Butcher & Delicatessen



Apart from the normal butchery and delicatessen products we now offer:-

A Selection of Cooked Meats and **Outside Catering**

Open Monday - Saturday from 8 am 14 Front Street Lanchester 01207 529970

A TASTE OF CHRISTMAS IN QUEBEC

a lovely, friendly venue and an interesting mix of great style and quirky with traditional events performance by a choir

The Tearoom in Quebec is including Breakfast with Santa, and special festive treats on the menu such as mulled wine and mince atmosphere. Its first pies. During Christmas Christmas was celebrated week, there was a carol

from Ushaw College and their wonderful versions of the old favourite tunes brought a warm, happy atmosphere to the crowds of local people enjoying the Christmas event.



Ushaw College Choir entertaining customers at Quebec Tearoom.

ALL SAINTS' PRIMARY SCHOOL END THEIR TERM WITH MUSIC

It has become a tradition in the school to end a term with a special musical assembly, showcasing the talents and hard work of their students. This year, the school hall was packed with all the pupils, plus a great many guests

of family and friends to enjoy some lovely festive music performed by the school brass instruments and their guitar group. So many familiar pieces were performed and enjoyed, with a wide range of talents on show, and as Head

Teacher Mrs Stephenson reported, this was testament to the love of music and the commitment of the young people. Thank you All Saints' School for a most enjoyable start to our Christmas!

'MAKE WAY FOR CHRISTMAS'

On the evening of 20th December a large number of people entered the Methodist Church to hear the North West Durham Circuit Choir, conducted by Harry Carr, present a musical work by Graham Kendrick entitled 'Make Way for Christmas'.

'Make Way for Christmas', as you will realise, tells the story of Christmas. The choral singing was excellent in pitch and sensitivity to the flow of the music and the words being sung. The diction and dynamics of the music were carefully observed making it a performance of very high standard. The sincerity of this choir, which has sung in this church twice yearly for a number of years under There Mrs Mavis Coulson and a Harry and Choir. small orchestra.

Harry's baton, is always fellowship afterwards evident and there were overacup of tea and mince some very good individual pie, when everyone performances. Among agreed that it had been a these was Paul Pine, and most enjoyable evening his daughter Bethany Pine and was rather special who is the youngest being so near Christmas. memberat12 years old and It was another lovely she sang beautifully. The Lanchester Musical choir was accompanied by Evening. Thank you

Brenda Craddock



Beautiful singing by the choir.

J. DANIELS JOINERY & BUILDING

IMPROVEMENTS

Over 25 years experience,

covering all aspects of building

and refurbishment work

For free estimates and

advice please call:

Craig 07789481500 or

Ryan 07754103753

email:

fbhomeimprovements@gmail.com

For examples of our work see our

Facebook page:

FB Home Improvements

Extensions, renovations & structural alterations Garage conversions All joinery work undertaken

For a free quotation call Jon on 07786 248574 01207 513520



QUALITY CARE FOR YOU AND YOUR HAIR

> Ring Jenni or Shannon for an appointment

01207 520926

'OPEN THE BOOK' A SPECIAL

The 'Open the Book' Team, who were in the EP School on December 10th to enact part of the Christmas Story, had a very special real life baby at their performance. Naomi Arnell-Hawke, who works as part of the administrative staff, had a beautiful baby boy 11 weeks early, and she brought him into the school on the morning when the 'Open the Book' team were visiting.

Jim and Janet Thompson were presenters on that day and Naomi allowed be photographed with them after the performance.



Janet and Jim Thompson holding baby Angus.

The pupil's were thrilled brother of Angus, a pupil to see Baby Angus, who at the school, was very weighed only 2 lbs 7ozs proud of his brother that at birth but who is now morning. thriving beautifully. The Brenda Craddock



Tel: 01207 521275

Lanchester Community Centre Fitness 4 U Gym **LOWER GYM PRICES**

Only £19.50 per month for all adults (18+)

Children's prices remain the same

EP SCHOOL CHOIR ENTERTAINS

The EP school choir have sang given some delightful performances during the festive season: the first at 'Craig's Concert' was reported upon in the December Village Voice. The choir then performed at Lanchester Garden Centre on December 11th. Many parents were there, enjoying a scone or cake with a cup of tea or coffee from the restaurant menu. The choir was singing for the Henry Dancer charity and Henry's mother, Mrs Jane Nattress and assistant were there to give a warm welcome to everyone. Once again the choir, with their conductor Mrs Janet Knighton, sang a number of carols, some new, some old and they sang very well indeed. The children

enjoyment delighted the audience, who were very sorry when the concert ended because they enjoyed it so much. The atmosphere throughout was so happy and relaxed.

There was a raffle with very nice prizes and over £200 was raised for the charity. Giving your time is a precious gift in itself and this choir with their conductor are to be congratulated for giving up so much of their time to help worthy causes, during the Christmas period.

Henry Dancer was a former much loved and highly respected pupil of the school who sadly died

which twelve years old. His most reflects Henry's legacy lives on and every wonderful characteristics. year a cup in his name is He will never be forgotten.

obvious from cancer when he was awarded to the pupil who The concert ended with everyone wishing one another a very happy Christmas.



Henry's mother stands proudly next to his portrait.

WHO LADIES LUNCH

This place needs no introduction because we were there for Christmas along with the rest of the village - all roads led to Ravellos.

What an asset to Lanchester it is - the perfect dining place for every occasion. Set right in the middle of the village, accessible to all. The place itself is a delight with superb cuisine, Italian style.

They have a main menu, specials, a happy hour

December a lovely Christmas menu.

We decided to sample for starters, Trio di pesce affumicato and Pate della Casa. Mains were Salmone al tomato, Pollo Roma. Taccino Tradizionale, Pollo al Pepe Nero, Gamberoni all'aglio and Tagliatelle Alfredo. Puds were Tiramisu della casa, Christmas pud, Sticky toffee pud with ice cream, Torta Selva Neva and Homemade crespelle

in with Grand Marnier. Everything was quite delicious and Very Italian. One more relevant point -Ravellos has an added asset - Claudio - the most perfect 'front of house' it has ever been our pleasure to meet. Charm personified, there for every need -Ravellos certainly wouldn't be the same without him.

Ravellos-Italy in our midst - we may sail away there again in the New Year.

The Gourmet Girls

IAN SAYER Roofing Specialist Tel: 01207 509862

Mobile: 07947 542570

e-mail: Iansayerroofing@btinternet.com 36, Gill Street, Consett, Co Durham DH87JT

SLATING - TILING - GUTTERING - REPAIRS UPVC FASCIAS & SOFFITS - LEADWORK FLAT ROOFING

Lanchester & Langley Hardware

for all your Hardware requirements Includina



and



Lanchester: 01207 520377 Langley Park: 0191 373 2278 Ron and Maralyn O'Keefe are pleased to welcome you to

The Glass & Art Gallery

194 Medomsley Road, Consett (Opposite Consett Leisure Centre)

Celebrating 20 years in business

We still surprise ourselves with the constant variety of art and gifts which we are able to offer. Come and visit us and see for yourself.

We are open 9.30 am to 4.30 pm Monday to Saturday

Tel: 01207 583353 Email: glassdesignuk@hotmail.com (or find us on Facebook)

EP CHOIR SINGS FOR THE BUS

House. Lanchester Partnership, as you know, put in place a village bus service which invaluable for those who cannot walk to the village. It is a wonderful initiative especially when the driver is so kind and helpful. The passengers spoke highly of Fred, the first driver, and now it seems the second driver is equally helpful and kind. It does of course cost a lot of money to run the bus and it was to raise money for the bus that a buffet lunch was held at Lynwood House on December 13th. Mick and

The third venue for the Jill Gladstone both choir was Lynwood manned stalls - one araffle and the other a tombola, and it was a buffet par excellence. The regular users of the bus were present alongside others who are interested in it and they all thoroughly enjoyed the lunch.

> After everyone had eaten, the school choir arrived to give their seasonal and concert performance was once again delightful. They all looked so happy and this was infectious because there were many smiling faces in the audience. The EP School choir and their conductor have certainly spread a great deal of



The choir preparing to sing at Lynwood House in aid of the village bus.

seasonal spirit this year. Well done! Brenda Craddock



Providing NHS services

Lanchester Pharmacy

Front Street Lanchester Tel **01207 520365** www.lanchesterpharmacy.co.uk

FLU VACCINATIONS NOW AVAILABLE

The Pharmacy is open all day Monday to Friday 8.30 am - 6.00 pm and Saturday 9.00 am - 5.00 pm



The choir singing beautifully.

THURSDAY CLUB **COFFEE MORNINGS**

Below is the text of a letter received from the Great North Air Ambulance showing how much they value the support you

again this year for our On page for dates. fun and friendly coffee Thank you all.

give at our coffee mornings helping the mornings each year. We GNAA. Keep watch on hope you can join us the Village Voice What's

Dear Mrs Whitehead

I would like to thank you on behalf of the Great North Air Ambulance Service, for the recent generous donation of £950.00 raised by your Coffee Mornings in March and October.

Your donation will have an impact on the lives of people across the region; people such as Steven Higgins, who was flown to hospital by the charity following a serious crash on the A66. Steven was assessed and treated by the GNAAS trauma team, then transferred to James Cook University Hospital in Middlesbrough, where he spent two weeks in intensive care and three months in hospital. Steven said: "I would be dead without GNAAS. It's a brilliant charity.

Last year we were called out 1072 times across our region. To enable us to continue to provide this service, we must raise more than £5m every year. We couldn't be there for people like Steven without the generosity of the communities we serve and greatly appreciated contributions such as vours.

Once more, thank you for your support, we couldn't continue to operate without you. We appreciate all donations and will never pressurise our supporters into giving more. If for any reason you would like to get in touch, please call us on 01325-487263 or visit www.gnaas.com. We'd love

Yours sincerely

Emily Leonard On behalf of Great North Air Ambulance Service



Mon-Satfrom7pm & Sun from 11am All Day

Free Live Entertainment 9pm Every Saturday

Room Hire Available for all Family **Occasions**

Lounge Bar Available Weekday Afternoons

Front Beer Garden Available

Contact Us: 01207 520475

Bennett Richmond Solicitors & **Estate Agency**

Estate Agency Conveyancing Family Wills/Probate **Employment** Power of Attorney Commercial Litigation

Estate Agency Special Offers are available for Lanchester Properties

- COMPETITIVE FEES
- ZOOPLA
- BESPOKE PACKAGES
- PRIME LOCATION
- ALICTION SERVICE
- ON THE MARKET
- FAST & FRIENDLY

Bennett Richmond Solicitors and Estate Agency www.bennettrichmond.co.uk | 01207 521 843

11B Front Street Lanchester Durham Tel: 07910 080 209

Jacqueline A. Brough H.N.D., I.I.H.H.T., M.G.B.T. Beauty Therapist, Reflexologist, Electrolysist, Reiki Master

Personal one to one treatments

www.aurahealthbeauty.com Email: aura.beauty@live.co.uk Facebook: Jackie aura Durham

PC - ASSIST Mobile service for:-

PC repairs or upgrades, data recovery, virus removal, tuition and any other IT related problems. Assistance also available for tablets, e-readers, smart phones & audio equipment.

If your PC is slow - I can help. Call Alan on 01207 521628 or 07961497093 e-mail pcassist4@gmail.com



Specialising in Rewires, Inspections & Testing. All types of electrical work undertaken. NO JOB TOO SMALL Call Brian 01207 571966 or 07534739335

ALL WORK GUARANTEED

VINTAGE TRACTOR RUN



Vintage Tractors processing toward the King's Head at the start of their Boxing Day Run.

HOT CHOCOLATE AND **MARSHMALLOWS**



Everyone was served a chocolate drink topped with marshmallows while listening to the teachers singing.

I wonder if the title makes your mouth water and you think - Delicious! Well that was the opinion of all the parents, teachers and

the school hall after school on Tuesday December 17th. Everyone was served a chocolate drink topped with marshmallows teaching staff, and then settled down to share conversations with other families, while waiting for the entertainment of the evening. This took the form of singing well known carols which were printed out on a big screen and it was great fun. Everyone entered into the spirit of the evening and there was a lovely happy

pupils who gathered in tiny baby who was only a weeks old to few grandmas and grandpas, who always support this annual event. The favourite part of the evening for the pupils was when the staff ascended the platform to sing without the pupils help. They did very well and everyone clapped their performance enthusiasm. This of course was just one more occasion of many which the school holds to make Christmas a happy significant festival of the year.

atmosphere, from a very Brenda Craddock

new image



North East Award winning Premier Hair Salon

Specialist in all areas of Hairdressing

Beauty Treatment Complete range of beauty treatment For Women and Men 1-2 Front Street Lanchester 01207 520331

The Village Voice Page 12

CHALKIE'S ADVENTURE

I'm on the Last Leg Home - completing 21000 miles around the world on a bicycle and raising £8000 for Mind.

I aim to be home the 2nd-3rd week of February and to conclude my ride at Knitsley Farm Shop, who've generously offered to support a welcome home gathering. I invite fellow cyclists/ followers to ride the last section of my journey with me from Lanchester to Knitsley Farm Shop (all ages and abilities, please join in).

The exact date, time and starting point will be posted on Lanchester Past & Present Facebook, my Facebook page and



The face says it all a long day.

website adventure.co.uk), also posters around the village. Non cyclists, friends, family and followers are also invited to meet me at the Farm Shop to mark my homecoming and to allow me to thank you personally for your unfailing support - I couldn't have done it without you.

By way of a brief update on my world challenge: I left home on April 1st, 2019 and travelled across Europe to Turkey. I flew from Istanbul to Mumbai and continued across India, Bangladesh, Myanmar, Laos, Thailand, Vietnam, China, Hong Kong and Japan. I then flew from Tokyo to Perth and time after time - so many crossed Australia, taking on the Nullarbor Plain. From Brisbane I flew to New Zealand and completed both South and North Island before flying to San Francisco. From there I cycled down each and everyone of you

(chalkies the Pacific Coast to Los Angeles then headed keep an eye out for east, crossing America to Jacksonville (Florida) before dropping down to Miami and flying onto Morocco (Agadir). Following the advice of a fellow adventurer, I'm currently exploring a route through the Atlas Mountains, which is a pleasure.

> My plan is to cross into Gibraltar, journey up through Spain, France and head home via Wales, meeting friends along the way.

> My experience of cycling 2100+ miles around the world has been varied but overwhelmingly positive. My belief in the kindness of strangers and the human race in general has been proven doors have been opened me and I've experienced true generosity, making the hardships of the journey manageable. Likewise, I cannot thank



San Francisco - Jacksonville/Florida. Coast -Coast Challenge: Tick.

for the enough encouragement given to me throughout my challenge and for supporting my fundraising for Mind. Both as individuals and business owners you have contributed in so many ways and made it all worthwhile. I look

forward to meeting you soon. Any questions/ info regarding the cycle ride or welcome event should be directed to cawhite001@chalkie.co.uk. An indication of your attendance at Knitsley would be helpful in advance.

Steven White

SEXING BEAVERS IN LANCHESTER?

Well, we do get asked to The Eurasian beaver is damage downstream. do some strange things actually native to the UK from time to time at the and it used to be found diverse and complex Durham Genome Centre! all across England, In fact, none stranger than Scotland and Wales. a recent request to sex They became extinct beavers using DNA here in the 16th century testing technology. We because of hunting for were of course, more than their pelt, meat and a happy to oblige.

It may surprise you to castoreum which they know but it is actually use to mark their territory. very difficult to determine This was once highly if a beaver is male or prized for use in perfumes, female. Despite being food and medicine. mammals just like us, their Many groups are trying to underparts look identical re-introduce the Eurasian and to determine a beaver both in the UK and beaver's sex, a rather across Europe. Beavers are tricky examination down under 'ecosystem engineers' as must be performed. the landscapes they help However, we have now to create can benefit enhancing successfully pelt sample.

secretion called

physical often referred to as sexed wildlife.

beavers by using DNA They build dams which analyses of a plucked slow the flow of water and can lessen flash-flooding

They also help to create wetland habitats that support many species.

They can also cause problems that sometimes more than just a nuisance, as beaver dams can cause flooding which wipes out land that farmers need for crops or livestock. They can also gnaw through rare or important trees and uncontrolled felling of trees can pose a hazard to utility lines and homes.

These remarkable water engineers are capable restoring and the landscape, but their reintroduction needs to be done with great care. Hopefully though, in

some small way, our countryside of this ecologists with the re-

sexing efforts will help most interesting species. Charlotte Penney, The introduction into the Durham Genome Centre



The Eurasian beaver is actually native to the UK.

THE ODD JOB MAN

Providing an odd job service around the Lanchester & Durham Area. Fences, Hedges, Lawns

Flat pack furniture construction Any other odd jobs around the House & Garden. Contact Simon on: 07863927105

LANCHESTER WI

First Meeting in 2020 We met on January 6th, and the meeting was Marie Murphy, who welcomed everyone with warm wishes for a happy and healthy New Year. The County News contained details of several events, including International Women's Day in March and the Annual Council Meeting for the 2020 Darts competition and anyone interested in starting up a team should contact Marie. We will be submitting a team for this year's County Quiz, and again, any interested 'Quizzers' should contact Marie. The five proposed resolutions of 2020 now reach the voting stage, and members are invited to forward their votes to WI House by February 14th. Members were reminded that for meetings we should wear our name badge, this will make it easier to learn names.

We had two readings, 'This is Me' read by Sue Smith, and Glenda Horne read 'The Story of Our Village.' This month's competition was for a

prize went to Jan Vasey and second to Ann Carr. Next month's competition opened by President isforapicture created from recycled materials, maximum size 8" x 8". Our raffle winners were Gwen Bramwell, Christine Emmerson and Joan Osborne. Jean Dougherty asked if anyone would be interested in joining a tap dancing class - please see Jean! Jan Vasey and at Bishop Auckland. Judith Collins had Details are now available prepared a quiz for us, it featured photographs of places in the village which had to be identified. Everyone enjoyed this activity and the quiz setters were warmly thanked by Ann Carr.

We ended the evening with a warming and delicious Pie and Pea supper. Please consider becoming more involved by volunteering raffle prizes, giving readings or votes of thanks, etc. This is YOUR WI! Members are asked to let the committee know of anyone celebrating an 80th birthday, or a Golden, Emerald or Diamond wedding anniversary so we can congratulate them with a card and flowers. Also, we'd like to know if any members are in hospital, injured or very ill, so we can photograph of 'your send a card to remind them favourite place'. First they are in our thoughts.





01207 231338 07887 881396 davidg3001@talktalk.net

www.advanced-decorating.org.uk

SATLEY WI

Our President Linda welcomed 10 members to the first meeting of the year on a wet and windy night. Our annual subscriptions were collected and our raffle tickets purchased which resulted in Avril and Sarah each winning a prize. Names were taken for a trip to see 'Chess The Musical' at the Gala theatre in May and the films to be shown at the Empire were noted. As many members were unable to attend we have decided to postpone our post Christmas meal until next month.

January Report

Our guest speaker was John Hopper who was

accompanied by Bonny, his canine companion, and he spoke with great passion about the work he does for The Guide Dogs for the Blind organisation. Bonny was one of fifteen puppies he has puppy walked and he explained that not all the puppies that go through initial training make it to the final stages and actually become guide dogs. Bonny came back to him after working many years as a guide dog when the dog was forced to retire and is now a family pet.

John explained that the organisation relies largely public donations and the work of its volunteers. He was thanked by Linda and we had an extra collection to support this worthy organisation.

Our competition for a favourite Christmas card split into categories. A religious card was won by Sarah, second was Pat and third Ann. A Santa themed card was won by Aldwyn, second was Christine and third Linda. A wildlife themed card was won by Sarah, second was Ann and third was Joan. A most enjoyable night which was rounded off with refreshments supplied by Linda and Avril.

THURSDAY CLUB



Thursday Club members enjoying their Christmas Party at Ramside Hall.

In December 2018 we had our Christmas Party at a Ramside Hall Lunch Event and enjoyed ourselves so much that we decided to repeat the experience in December So on 12th 2019. December, a bitterly cold morning, we set off looking forward to another entertaining afternoon. We were not

disappointed. Bishops Suite was all decked out Christmas. Food, once again, with Minestrone Soup, then Chicken Supreme served with all the trimmings and piping hot, followed by Lemon Tart with Blueberry and Vanilla Compote which was delicious. No complaints. With tea/

The coffee and chocolate mints to finish off. Then it was time to 'Let the Good Times Roll' with the 4 D's vocal harmony Evervone group. enjoyed themselves whether singing along, dancing or just chatting and people watching. A lovely way to start Christmas festivities among friends.

Lanchester Plumbing & Heating LTD

Gas Safe & Oil Service Engineers

From A Leaking Tap To Complete CENTRAL HEATING SYSTEM NO JOB TOO SMALL

COMPETITIVE QUOTES ~ FREE ADVICE ~ NO CALL OUT CHARGE

CALL BARRY ON: (01207) 528139 OR (MOBILE): 07717174739

LANCHESTER MALE VOICE CHOIR NEWS

LMVC finished the year 'hobbling'; we miss her with its annual, most tremendously and we enjoyable, 'Celebration of look forward to her return. Christmas' concert at the Meanwhile Brian - please All Saints' C of E Church play on. on 16th December in Most sadly missed is participated.

which the Lanchester Malcolm Berry, a second Choral Society also tenor in our ranks for twelve years, who passed Members are grateful for away on Christmas Eve the services of pianist following an illness, Brian Scoins who is bravely borne. A resident standing in for the Choir's of Langley Park, Malcolm regular accompanist, was an example to us all. Noreen Bridgewater, who Aman of integrity, of great badly injured her leg in a character, style and wit; fall some ten weeks ago. we are the better for having Dear Noreen is still known him and the poorer

for having lost him. Our year, is programmed thoughts are with his dear several weeks earlier than

We now look forward to for our first concert of 2020, the Patrons' Concert which will be held in the Community Centre on Saturday 7th March -7.30 pm. We look forward to it immensely, this concert being our annual opportunity to show our appreciation to those who most generously support LMVC with donations for which we are forever grateful. That concert, this

is usual - no problem at all our new(ish) Peter conductor, Bridgewater, who is now well into his stride in his choral duties (notwithstanding his temporary duties as a

We very much look forward to another successful year and to perhaps seeing you at one of our concerts during the year. All members wish you a very happy and fulfilling year.

SERVI

Additional Sockets, Lighting, Showers Cooker Points, Full or Part Rewires RELIABLE & DEPENDABLE SERVICE NO JOB TOO SMALL PART P REGISTERED

Free Estimate & Friendly Advice 0781 3202 470 01207 500770

CELEBRATION OF



The choirs were in good voice for their annual concert.

On Monday December choirs sang together Christmas. There was a 23rd, Christmas Celebration blended perfectly. This Concert was held in the was the first time the Parish Church. This is the Lanchester Male Voice concert when the Male Choir were singing with Voice Choir and the their new conductor Peter Choral Society together Bridgewater and he must prepare a programme of have been very pleased Christmas music and it is with their very good always an excellent performance. Reverend concert. The concert was Lesley, for whom the attended by Reverend concert was a first, Lesley, Reverend Stuart concluded the concert Earl and Father Cornelius with words of praise for who each in turn read both the choirs and their appropriate Bible readings and the carols and how much she had Christmas songs which the enjoyed the evening. She choirs had chosen to sing were sung sensitively and beautifully. The two Happy and Blessed

Annual twice and their voices conductors and by saying then gave a blessing and wished everyone a very

retiring collection for

Brenda Craddock

DAVISONS



Front Street, Leadgate 01207 502355

Special 3 Course Meal Only £5.95 Monday - Saturday 12-2pm & 5 - 7pm



Happy Hour Monday to Saturday 12-2pm & 5-7pm

Happy Hour 3 Course Meal starting from £5.95 Childrens Menu only £3.95

6 Day Evening Special - 3 Courses for £8.95 (Chicken and Steak dishes an additional £2.00)

21A Front Street Lanchester 01207 437572





Transformations by Michelle

(C) 01207 521 481

07932 446 007

#TRANSFORMBYM

1 2 3 4 5 6 7 8 9 10 10 12 12 12 12 13 14 15 16 15 16 15 16 16 17 18 19 21 22 24 24 24 24 24 24 26

Name_____Address _____

Please send your entries (by deadline date on back page) to The Village Voice, c/o Lanchester Community Centre, Newbiggen Lane, Lanchester, DH7 0HY.

The Flower Place

FLORAL DESIGN
Your local Florist

Specialising in unique creations for Functions, Weddings and that Special

Occasion

New to Lanchester area

Contact Anne 07790010081

CROSSWORD 164

There were 15 entries in last month's crossword competition.

Congratulations to P Dixon who was the winner in the draw and will receive the £10 prize.

ACROSS

- 1. Chant (6)
- 4. Famous American gangster (2,6)
- 9. Hum(5)
- 10. Troubled (9)
- 11. Something that is above criticism(6,3)
- 12. NE zoo produces gas (5)
- 13. Care! Cork doll is collectors' item(4,3,5)
- 17. Tainted drams used to set clocks (8,4)
- Joshua—formervicepresident of Zimbabwe
 (5)
- 21. The study of speech sounds (9)
- 23. Likealibrarybook?(3,2,4)
- 24. Small picture?(5)
- 25. Created a design that is raised above a surface (8)

DOWN

- 1. Diligence (8)
- 2. Was thorough (4,4)
- 3. Female relative (5)
- 5. Avoided (4,4,5)
- 6. Protein building block found in CIA domain (5,4)
- 7. Choice (6)
- 8. Moved in a circular way (6)
- 10. Given to having unfortunate incidents (8-5)
- 14. Expenses (9)
- 15. Be coins in artificial resin? (8)
- 16. Opel for example (8)
- 18. Defeated (6)
- 19. Jacuzzi (3,3)
- 22. Throw out (5)

ANSWERS TO CROSSWORD 164

ACROSS

- 1. pour
- 3. off-putting
- 10. enamour
- 11. rancour
- 12. music
- 13. odourless
- 14. non-snorer
- 16. droop
- 18. alive
- 19. succeed to
- 21. eyestrain
- 22. evade
- 24. glamour
- 25. obliges26. ringsiders
- 27. arms

DOWN

- 1. pneumonia
- 2. Urals
- 4. fervour
- 5. parlour
- 6. Tunbridge Wells
- 7. in one word
- 8. germs
- 9. non-contentious
- 15. noise pain
- 17. processes
- 19. scarred
- 20. contour
- 21. Elgar23. anger
- **SUDOKU**

There is just one simple rule in Sudoku. Each row and each column must contain the numbers 1 to 9, and so must each 3 x 3 box.

Wear Smart n Spray Mobile Paint, Body & Trim Repair If you've got a Scuff or Scrape, a Dent or a Ding



I'm your man, call Michael Willingale 07917607519

Repairs at your home

PAD Secure Locksmiths

Window & Door Locks uPVC, Aluminium & Timber Lock Specialist Installations, Repairs & Upgrade 24 Hour Call Out

Call us today 073 99 55 98 55

padsecurelocksmiths.com E-mail padsecure@live.co.uk

Leadgate Consett Co.Durham
The Village Voice Page 16

5					2	4		
	4						5	
		6	3					7
		9						8
7		3				1		
				5	4			3
6			1	7				
		1				6		9
8						3		

DRY JANUARY - A NEW IDEA?



Lanchester Medical Centre

Lanchester Patient Participation Group

In 2013 the first Dry January campaign was launched; but this wasn't a new idea; back in 1942 it was called Sober January and was part of the war effort. Fast forward to 2020 and we now have an abundance of research telling us the benefits from moderating our alcohol intake. Each year millions of us participate in charity campaigns or make a personal resolution to lay off the booze for a month. But do we really know how these short periods of

abstinence affect our longterm health? It is suggested that in six to eight months after Dry

Benefits

Experts from universities tell us that a month off alcohol, in healthy individuals who have been drinking moderate to high levels, does lead to tangible health benefits. Within a few days of being alcohol free you skin will be looking better, more hydrated and your body will have automatically lower the level at which alcohol produces its effects. You can expect a weight loss of around 2kg, a 5% decrease in blood pressure, and improvement in diabetes risk of almost 30%, and to sleep better. As alcohol contributes to anxiety, low mood and depression, your mental health will also improve.

eight months after Dry January, the proportion of participants drinking at harmful levels decreased by about 50%. It may be that participating in Dry January allows individuals to 'reset' their relationship with alcohol.

I think we can conclude that Dry January is good and abstaining for a month is a good starting point to re-establish control over the amount of alcohol we drink, but the real benefit to our health is maintaining the recommended low risk guidelines for alcohol intake throughout the year.

NHS Recommendations

- * No more than 14 units of alcohol a week
- * Spread out evenly over the week
- * Several drink free days in the week.

REPEATS ITSELF

Once again the History Navigator's map of Britain Society enjoyed a relaxed showing the air bases and and informative evening beacons. The other was a at our Show and Tell event. memory plaque picture of a soldier who died at Loos An eclectic assortment of items were displayed and in 1918, which had been discussed from tea pots to printed for families to cricket bats. Souvenirs were evident loved ones.

HISTORY

from the items brought,

including a beautifully

Illustrated London News

Coronation book of

Edward VII in 1902 with

wonderful coloured plates

which promoted Pears

Soap contrasting with a

book advertising Lifebuoy

Soap on The Secrets of

Health dated 1895, which

gave advice to prevent the

spread of diseases; you

know the one, coughs and

sneezes spread diseases.

Interestingly, the WI

published 'The Story of

our Lanchester Village

History' in 1952, which told

some interesting tales from

the village, including

Mummers going round the

doors and also 'Funeral

Bidders' who informed folk

A couple of war related

included

of recent deaths.

One of the highlights of the evening was a Miner's lamp which the owner has put together and he reminisced about his time in the Pit, and explained all the parts of the lamp and how it could be dismantled, lit and put together again.

memory plaque picture of a soldier who died at Loos in 1918, which had been printed for families to write on the details of their loved ones.

Me also learnt how to date some horse brasses and unusual terrets that horses would wear, with bells or flowers on their bridles, at shows or events. How life has the evening was a Miner's changed.

A great big thank you to everyone who brought their 'booty' along. I can't wait for next year's intriguing selection.

RECIPE OF THE MONTH

Chicken and Sweetcorn Soup

Here's a tasty and warming winter soup, with easy to access ingredients and ready in a short space of time.

You need:

Butter, 15 g

Spring onions, 1 bunch, trimmed and sliced

Creamed sweetcorn 418g can

Frozen sweetcorn, 110 g Cooked chicken 175 g, shredded

Chicken stock 750 ml Egg, 1 beaten

Method

1) Melt the butter in a large pan and fry spring onions for 30 seconds.

2) Add creamed and frozen sweetcorn, chicken and stock. Bring to the boil, cover and simmer for 5 minutes.

3) Bring almost to the boil and gradually add the beaten egg, while gently stirring soup, to form egg threads. Cook until egg has set - do not boil. Serve immediately.

LANCHESTER CARPETS

THE QUALITY RETAILER GIVING FRIENDLY RELIABLE SERVICE

- Free estimates
- Free local delivery
- Expert fitting service
- Rugs and Vinyls
- 100's Rems

9 Church View Lanchester 01207 521771

DEWE FID

DURHAM ELECTRICAL MAINTENANCE ENGINEERS

Contact Paul Milburn for a Free Estimate.

Domestic & Commercial Electrical Work

carried out to IEE Wiring Regulations

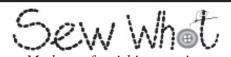
18 BROADOAK DRIVE, LANCHESTER DH7 OQA Mobile 07786 233417

EMAIL demeltd71@sky.com



Mobile Bicycle Repairs
Lanchester's own bike mechanic
Cytech qualified, Pick-up/drop-off
07985 321203

neil@theflyingspanner.co.uk



My home furnishing service

From Hand Made Curtains to Garment Alterations

Call Alice on **01207 529797** or mobile **07913 789080**

Free collection and delivery within local area
No job too small

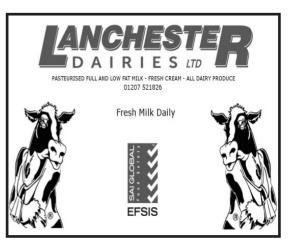
Practical Painting Services



For all your internal and external Decorating Requirements

Efficient, reliable and professional Domestic and commercial work undertaken

Jon 07888132907 practical painting@mail.com



*N*HAT'S ON?

Lanchester WI

Meet on February 3rd, and our competition is to make a picture using recycled material, no bigger than 8" x 8". We will enjoy a 'Catwalk with Difference', when our volunteer models show some of the garments which mean something special to them. Your ideas for outings and other events will be welcomed there is a box on the Information table. Visitors are always welcome.

Cuppa and Company

The next meeting will be on 11th February at Lynwood House from 11.45am onwards.

Everyone welcome, plenty of free places, no age limit. The village bus can still provide lifts.

Satley WI

Our next meeting is on February 10th in Satley Parish Hall at 7.15 pm when our speaker will be Catherine Meades, a Genealogist who will talk about The Hoppers of Iveston who were Ouakers. Please feel free to join us.

Junior/Family Wildlife Group

On Sunday 16th February Meet in Malton car park at 10.00 am. Walk towards Consett on Valley Walk.

Cuppa & Chat is back

Tuesday mornings 9.15am - 11.15am at the RC All Saints' Parish Centre on Kitswell Road, Lanchester. Open to all, especially with younger children looking for a friendly group to be part of.

Snacks, teas and coffees. Singing and story time with the children.

Donations welcome. Please come and support this local group.

Family History

FREE Sessions Monday 17th February (3rd Monday of month) Lanchester Library 2.30-5.30 pm. Contact library to book.

Annual Litter Pick

Saturday 21st March 9.30 to 12 noon, Lanchester Social Club, or myself Village Green.

Come for an hour and help 07889 037102). regulars Lanchester a Spring night, not to be missed! Clean. Pickers and bags Ian Tute provided.

Guided Walks

For anyone looking for Free Live Entertainment regular exercise and fresh February Artistes: air, join our local walking Sat 1st - Dionne group. Each week - on Wednesdays and Fridays - a group of around 30 walkers meet to take part in Derwentside Guided Sat 14th March - St Walks. These are friendly Patrick's Day Celebrations and sometimes include -Live Entertainment from (reasonably) behaved dogs.

10.30 am and last for Facebook. around two hours on Wednesdays and one hour on Fridays. They may include some slopes, stiles.

Next month the Wednesday walks start at Ebchester Station car Allensford Country Park Centre dining room. February 12th: on Derwenthaugh Car park, signposted Blaydon Tennis Club on February We will meet on 19th and February 26th.

Burnhope picnic area car park on February 7th; Lanchester King's Head February Medomsley, outside the church, on February 21st and Derwent Walk car park, Summerhill, Shotley Bridge on February 28th. No need to book, just turn up to join in.

Jez Lowe Concert

The very popular Jez Lowe will be back in the village on Tuesday 28th April, supported very ably by Martin Matthews and Pete Thompson. The venue is again the Social Club, start time is 7.30 pm. Tickets at £10 are available from Lanchester News, the (Tel 01207 529286 or

give It should be an excellent

Lanchester Social Club

Sat 8th - Richie Young Sat15th - Colin Campbell Sat 22nd - David Bryan Sat 29th - Julia McArthur well 9 pm provided by Luke Osbourne. To keep The walks begin at updated, follow us on

Wildlife Group

Our next meeting will be on 11th February with Ian uneven surfaces and Jobson, Northumbrian Bees, on 'What's going on in the hive? Who's in charge and what has it got to do with football'. park on February 5th; 7.30 pm in the Community

Musical Memories

Beamish Wednesday February Museum car park on 12th, when we celebrate St Valentine's Day. We Friday walks start at meet at Lynwood House from 2pm until 3.30, and welcome anyone with memory problems, their 14th; families, friends and anyone looking for friendship and chat over a cup of tea will always be greeted warmly. Come along, don't worry if you're not a great singer, come and join us!

Paradiso Social Club

The next Social will be held on Sunday 9th February at 7 pm in the Community Centre with the usual raffle, refreshments. Screening at 7.30pm.

The film we are showing is 'Fishermen's Friends'. Ticketentry:£2.50 members, £3.50 occasional visitors, £2 young persons. Ticket covers entry to raffle, refreshments and film. All are welcome.

Flower Club

The next meeting will take place on Wednesday 26th February at 2.00 pm in the Main Hall of the Community Centre with a talk by Anthony Atkinson whose subject will be 'Top 100 Geordies'.

Community Centre

Tea Dance is cancelled until further notice.

Tuesdays 6.30 - 7.30 pm -Bums & Tums Fridays 5.30 - 6.30 pm -Weightwatchers. Tuesdays 10.00 - 11.00 am

- Musical Minis.

Local History Society

Subject: The War came early to Sleepy Valley Date: Friday February 7th Time: 7pm Venue: Lanchester

Community Centre. Sleepy Valley is the curious name given to the estate at the eastern end of Tantobie, near Stanley. Come along and find out what happened there. Visitors warmly welcomed

(£3). Tea or coffee served. For more information contact the History Society at marian morrison @btinternet.com.

Get Creative

On the 1st Thursday of the month at Lanchester Library 10.00am-11.30am. Come and chat to others while being creative.

Book Club

On Monday February 24th from 2.30-3.30 pm, the group will be discussing 'Crocodile Soup' by Julia Darling. "Wonderfully bizarre".

On Thursday February 20th from 5.30-6.30pm, the discussion will be on 'Fell' by Jenn Ashworth. You're welcome to join us.

Chatterbooks

Monday February 10th from 3.45-4.30 pm for children aged 5-11 years old to read and take part in activities relating to the book of the month. Please contact the library for a place, 03000269514.

Toddler Time Sessions for Under Fives, every Thursday between 2 and 3 pm. Come along to this social time for you and your child to enjoy music, songs and rhymes.

Craft Session

Half term Craft Session Thursday February 20th, 10-11 am. Book your child's place Lanchester Library. £1 per child. Children under 8 need to be accompanied by an adult.

Mothers'Union

Happy New Year to everyone. We have an interesting progamme in 2020. Our meeting on February 12th will be a talk by the Rev Ruth Crofton on the 'Sinai Desert and its Women'. Hope to see you.

Sunday Bridge

Come and join us in the Community Centre on the 2nd February at 2.00 pm. The entrance fee is £3.

Thursday Club

On 20th February William Welch will be telling us about 'Roma Gypsie History' in Community Centre Main Hall at 1.30 pm. All our meetings in 2020 will be in Room 1 (Main Hall).

Visitors and new members welcome.

CRICKET All Stars and Dynamos News

The winter hibernation is club will run the All Stars Saturday before great tunes, washed down lovely buffet donations to Willow greatly appreciated.

On the cricketing front, The ECB have launched indoor nets commence on Monday Stars, called Dynamos. 10th February Fyndoune College, olds, who are new to Sacriston. Players aged cricket or wish to 13 and under will be the continue on from All focus of the 6-7 hour, Stars and are not yet with coaching led by ready for hard ball Luke McCabe. Then 7-8 cricket. It will be an 8 will be the 15s/18s and week programme which seniors. Cost is £3 per we will start on 2nd May head.

After successful first year, the same route as All Stars.

almost over and the seeds programme again. The of a cricketing spring are clubspark website is now almost upon us. We did open so parents can start have a great party on the signing up for the sessions. This year we Christmas with Charlotte will run them on a Forman belting out some Thursday night 5-6 pm and hope the weather with lots of alcohol and a gods are a little kinder by than last year. Primarily Centurion. Tom Rothwell we've had to move the picked up first prize in the day as the first team will Christmas draw. We will have a lot of cup ties on be celebrating the 80th a Friday and the birthday of one of the changed day will allow members, players to supplement George Wilkinson on our existing activators. February 15th, where The first week will be 7th May and will run for 8 Burn Hospice would be weeks, with the 21st May missed out.

> will the follow on for All at This is aimed at 8-11 year and will cost £30.You highly register through the

DURHAM COUNTY UNDER 9S

football club would like to thank Gentoo Homes for sponsoring their team. During the festive period,

the boys showed off their

kits in style at The Riverside stadium, Middlesbrough where they were mascots for the game against Stoke. They then toured St James' Park proudly in their kit, meeting Santa while they were there!

The squad which is made up of boys

Durham County Under 9s from all over County Durham, including many from All Saints' Primary coaches Alan Armstrong, match!

Andy Cornfield, Chris O'Brien and Phil Cushing have worked very hard School, play in the Russell with this new team and Foster League. Their they are improving every



The lads at St James' Park with coaches Alan (left) and Andy (right). The boys from All Saints are Matthew Bell, Max Armstrong, Finley Cornfield, Jacob Collins, Adam Monaghan and Aidan O'Brien.

TOP BOWLING AT STANLEY

Club (above Asda) is considered to be one of the best bowling rinks in Britain and has hosted some of the most prestigious competitions including Test Matches and the British Isles Championships. Another top competition will be coming on 15th and 16th February, the British Isles Under 25 International Series. Games start at

Stanley Indoor Bowling 9.30 am. Teams will starting at 1.00 pm, there represent Ireland, Scotland and Wales. The English team will be captained by Connor Cinato, the current British Isles Junior Champion who hails from Kettering. There's sure to be some top class bowling with full rinks and close matches. Entrance only £3.

The following Sunday, 23rd February at Stanley

England, is a chance to see the top disabled bowlers in the country when a team representing Disabled Bowls England takes on a team from Stanley. This game has been organised by Steve Angus, a Stanley bowler and one of the best disabled bowlers in the country. Having watched Steve play, we can expect some remarkable bowls played by the DBE team.

LANCHESTER TABLE **TENNIS**



Frank Clarke (centre) with members of the Table Tennis Club.

After 10 years of coaching services to volunteering, Frank Clarke has retired from coaching at the club. A presentation was held on Friday 17th January at which he was awarded honorary membership certificate, one table in the small

the Club. Frank is a Lanchester resident and former PE teacher who was instrumental in forming the club in 2010 at the Community life Centre, with the use of in recognition of his meeting room. Five tables are now in use on Friday evenings in the large hall. Junior sessions are held between 6 and 7 pm followed by Seniors between 7 and 9 pm. The Club has 2 teams in the Sunderland Table Tennis Winter League and had a team in the Durham Table



Jeff Singleton, Chairperson Lanchester Table Tennis Club, receiving the cheque from John O'Connor of Project Genesis Trust.

Tennis League last Project Genesis Grant summer, with matches played on Wednesday evenings in the small hall. Annual membership is only £10 for Adults and £3 for Juniors, plus session fees of £5 and £2. Potential new members are welcome to visit the Club for a free session to try the sport. Bats and balls are provided.

John O'Connor, Chairman of Project Genesis Trust. visited Lanchester Table Tennis Club recently to present a cheque for £500. The grant will be used to purchase equipment and help with the general running costs of the Club. If you would like to join us, please come along on a Friday evening.

The Village Voice Page 19

BOXING DAY HUNT



Huntsmen and hounds leaving the King's Head car park.



Probably the youngest rider at the event.

Moving through the village at the start of the hunt.

Front Street.

Hundreds of locals - The joint master of the Huntsmen and women, outside Crinnions, hounds are sent off trail young and not so young Braes of Derwent Hunt - turned out to see the said they had been traditional Boxing Day meeting in the village hunt in Lanchester's on Boxing Day for around 40 years now.

park behind the King's staff.

horses and hounds where they were fed hunting using animal emerged from the car with refreshments by scents.

along the street to stop is now illegal, the years. Neil McKay

And the spectacle has Head and paraded Although fox hunting changed little over the

NEXT DEADLINE

Please send any articles for the next edition of the Village Voice by Tuesday 18th February. The deadline for adverts is Friday 14th February. Published by Lanchester Publications Ltd, c/o Lanchester Community Centre, Newbiggen Lane, Lanchester, DH7 0PB and printed by Durham County Council, Design and Print, Comeleon House, Tanfield Lea Industrial Estate North, Stanley, Co Durham, DH9 9NX. The views expressed in this periodical are not necessarily those of the publishers. Whilst all efforts are made to check the authenticity and accuracy of all articles submitted for publication, occasionally something is bound to be printed incorrectly. Please let us know and we will endeavour to correct the mistake.

The Village Voice Page 20